

Title	ROYAL LIFE SAVING SOCIETY WESTERN AUSTRALIA POOL LIFESAVING CHAMPIONSHIPS 2021 – Entry Circular
Department	Sport
Audience	RLSSA, SLSA and SAL State/Territory Surf Sport Managers, Directors, Club Secretaries, Branches, Officials and Competitors
Summary	Entry Circular for the Royal Life Saving Society Western Australia Pool Lifesaving Championships to be conducted at HBF Stadium, Mount Claremont, Western Australia. The Championships will be held over two days: 18-19 September 2021.

Please note the following points are a short summary of all detailed information in the following entry circular;

- RLSSWA State Championships 18-19 September 2021 will be conducted at HBF Stadium, Mount Claremont, Western Australia
- RLSSWA members together with members of SLSWA, SWA and other WA athletes/individuals are invited to participate in these championships subject to meeting and agreeing to the participation disclaimer. Upon entering this event WA athletes automatically become a RLSSWA sports only member and as such eligible to participate in the Championships
- Interstate RLSSAA, SLSA and ILS Member Federation members are also eligible and invited to participate in these championships
- Entries must be submitted online (hard copies not accepted) through the RLSSWA website <https://royallifesavingwa.com.au/waplsc> no later than 5pm on Monday 13 September, 2021. Cost of entry \$25 for one day of competition or \$40 for two days of competition. There will be an additional cost of \$10 for entries into each of the time trial events; these are non-championship events which must be entered into at time of submitting entry to the championships. No late entries for time trials will be accepted on the day. Failure to submit an entry by the advertised closing date or failure to provide full details (as requested by the entry information) may result in an entry not being accepted or in the entry being subject to a late fee
- Pool entry is not included in the entry fees
- For all individual events at the 2021 Championships Competitors will enter their respective age groups for purpose of medals, however on race day U16 and/or Masters *may* be grouped to race with Opens, subject to number of entries. Males to swim first, followed by females
- All individual competitors in U16 plus events are encouraged to enter seeding times from international, national or state based pool lifesaving events achieved 2018 -2021
- This event is sanctioned by the International Life Saving Federation (ILS) and as such the Championships will be run in accordance to [ILS Rules Competition Rule Book 2019](#) Edition (Revised March 2021) and the Royal Life Saving Society Australia Competition Handbook 2018-2019 plus any subsequent bulletins or circulars
- World Records – drug testing will not be provided by RLSSWA

FURTHER INFORMATION

Should further information be required please contact the events team at:

Jonnine Rowe**Sport, Schools and Inland Waterways Coordinator**

Royal Life Saving Society WA Inc.

12 McGillivray Rd, Mt Claremont WA 6010 | PO Box 28, Floreat Forum WA 6014

P: (08) 9383 8200 | W: www.royallifesavingwa.com.au

Or

Jen Jones**RLSSWA State Championships 2021 Meet Manager**

P: 0414 646 111 | W: westlifesaving@gmail.com.au



1 RLSSWA AUTHORITY

1.1 Pool Lifesaving Championships Competition Committee

The Pool Lifesaving Championships Competition Committee (PCCC) will direct all matters relating to the actual conduct of the competition. The PCCC may, in accordance with the rules, postpone, cancel and/or alter any or all events at the Championships, and/or alter the venue of the competition.

The PCCC may consult and seek advice from appropriate officials, athletes and other personnel on competition conditions and safety issues when required. The PCCC shall appoint the various sub committees and panels as required for the Championships e.g. Disciplinary Committee.

POSITION	NAME
Chair Competition Committee/RLSSWA Sports Coordinator/ Event Safety & Emergency Management Coordinator	Jonnine Rowe
RLSSWA Sport Technical Adviser	Andrew Ridley
Championship Referee	Carolyn Wilson
Events Coordinator and Event Manager	Jen Jones

1.2 Event Organising Committee

The Event Organising Committee (EOC) is responsible for the logistical pre-planning and operational delivery of the RLSSWA State Pool Rescue Championships 2021. The Event Organising Committee is responsible for the planning and conduct of the competition.

POSITION	NAME
RLSSWA Committee Chair	Jonnine Rowe
RLSSWA Sports & Technical Adviser	Andrew Ridley
Events Coordinator and Event Manager	Jen Jones
Championship Referee	Carolyn Wilson
Deputy Championship Referee	TBA
Equipment Coordinator	Fiona Airey
First Aid/Medical Coordinator	Senior Pool Lifeguard
Competitor Liaison	TBA
Pool Setter Coordinator	Andrew Ridley

2 OVERVIEW OF EVENTS BY DAY

2.1 Important dates/times

Friday 6 th August 2021 (5:00pm)	Online Entry system opens
Monday 12 th September 2021	Online Entries Close
Saturday 18 th September 2021	Day 1 Competition
Sunday 19 th September 2021	Day 2 Competition
Thursday 23 rd September 2021	RLSSWA State Team Squad announcement

2.2 Program of events

Please note the below times are subject to change due to increased projection of entries or other unforeseen issues.

Saturday 18 September 2021

9:00am	Competition Organising Committee
9:30am	Officials Briefing
9:30am	Warm up Pool Available
9:50am	Marshalling Commences
10.00am	Competition Commences
2:00pm	Competition estimated to complete

Event#	Category	Age	Event
1	Mixed	U16+	100m Manikin Tow with Fins (Time Trial)
2	Men	U10	Line Throw 5m
3	Women	U10	Line Throw 5m
4	Men	U12	Line Throw 8m
5	Women	U12	Line Throw 8m
6	Men	U14	Line Throw 10m
7	Women	U14	Line Throw 10m
8	Men	Opens	Line Throw 12.5m
9	Women	Opens	Line Throw 12.5m
10	Mixed	U16+	Line Throw 12.5m (Time Trial)
11	Men	U16	Line Throw 12.5m
12	Women	U16	Line Throw 12.5m
13	Men	Masters (35+)	Line Throw 12.5m
14	Women	Masters (35+)	Line Throw 12.5m
15	Mixed	U16+	Line Throw 12.5m (Time Trial)
16	Men	U14+	200 Obstacles Race
17	Women	U14+	200 Obstacles Race
18	Men	Opens	50 Obstacles Race
19	Women	Opens	50 Obstacles Race
20	Men	U16	50 Obstacles Race
21	Women	U16	50 Obstacles Race
22	Men	Masters (35+)	50 Obstacles Race
23	Women	Masters (35+)	50 Obstacles Race
24	Men	U14	50 Obstacles Race
25	Women	U14	50 Obstacles Race
26	Men	U12	50 Obstacles Race
27	Women	U12	50 Obstacles Race
28	Men	U10	50 Obstacles Race
29	Women	U10	50 Obstacles Race
30	Men	Opens	100m Manikin Tow with Fins
31	Women	Opens	100m Manikin Tow with Fins
32	Men	U16	100m Manikin Tow with Fins
33	Women	U16	100m Manikin Tow with Fins
34	Men	Masters (35+)	100m Manikin Tow with Fins
35	Women	Masters (35+)	100m Manikin Tow with Fins
36	Men	U14	100m Patient Tow with Fins

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37	Women	U14	100m Patient Tow with Fins
38	Men	U12	100m Patient Tow with Fins - not required to clip up
39	Women	U12	100m Patient Tow with Fins - not required to clip up
40	Men	U10	50m Rescue Tube with fins. Swim 25m, clip tube at 25m & swim to 50m mark with tube. Knot permitted in harness. Handler at 25m.
41	Women	U10	50m Rescue Tube with fins. Swim 25m, clip tube at 25m & swim to 50m mark with tube. Knot permitted in harness. Handler at 25m.
42	Men	Opens, Masters	100m Rescue Medley
43	Women	Opens, Masters	100m Rescue Medley
44	Men	U16	100m Rescue Medley
45	Women	U16	100m Rescue Medley
46	Mixed	U16+	200m Super Lifesaver (Time Trial)

Sunday 19 September 2021

9:00am	Competition Organising Committee
9:30am	Officials Briefing
9:30am	Warm up Pool Available
9:50am	Marshalling Commences
10.00am	Competition Commences
2:00pm	Competition estimated to complete

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Event#	Category	Age	Event
47	Men	Opens	50m Manikin Carry
48	Women	Opens	50m Manikin Carry
49	Men	U16	50m Manikin Carry
50	Women	U16	50m Manikin Carry
51	Men	Masters (35+)	50m Manikin Carry
52	Women	Masters (35+)	50m Manikin Carry
53	Men	U14	50m Manikin Carry Junior Manikin / Handler 25m
54	Women	U14	50m Manikin Carry Junior Manikin / Handler 25m
55	Men	U12	50m Manikin Carry Junior Manikin / Handler 25m
56	Women	U12	50m Manikin Carry Junior Manikin / Handler 25m
57	Men	U10	50m Manikin Carry Junior Manikin / Handler 35m
58	Women	U10	50m Manikin Carry Junior Manikin / Handler 35m
59	Men	Opens	100m Manikin Carry with Fins
60	Women	Opens	100m Manikin Carry with Fins



61	Men	U16	100m Manikin Carry with Fins
62	Women	U16	100m Manikin Carry with Fins
63	Men	Masters (35+)	100m Manikin Carry with Fins
64	Women	Masters (35+)	100m Manikin Carry with Fins
65	Men	U14	100m Manikin Carry with Fins
66	Women	U14	100m Manikin Carry with Fins
67	Men	U12	100m Junior Manikin Carry with Fins/ Handler
68	Women	U12	100m Junior Manikin Carry with Fins/ Handler
69	Men	U10	50m Manikin Carry with fins Junior Manikin / Handler 25m
70	Women	U10	50m Manikin Carry with fins Junior Manikin / Handler 25m
71	Men	U16+	50m Swim with Fins
72	Women	U16+	50m Swim with Fins
73	Men	U14	50m Swim with Fins
74	Women	U14	50m Swim with Fins
75	Men	U12	50m Swim with Fins
76	Women	U12	50m Swim with Fins
77	Men	U10	50m Swim with Fins
78	Women	U10	50m Swim with Fins
79	Men	Opens, Masters	200m Super Lifesaver
80	Women	Opens, Masters	200m Super Lifesaver
81	Men	U16	200m Super Lifesaver
82	Women	U16	200m Super Lifesaver
83	Men	U16+	50 Freestyle
84	Women	U16+	50 Freestyle
85	Men	U14	50 Freestyle
86	Women	U14	50 Freestyle
87	Men	U12	50 Freestyle
88	Women	U12	50 Freestyle
89	Men	U10	50 Freestyle
90	Women	U10	50 Freestyle
91	Mixed	U16+	100m Rescue Medley (Time Trial)

EVENT LIST REVISED 13 SEPT 2021

3 Event Details

3.1 Event Rules

The RLSSWA State Championships 2021 will be conducted under the Royal Life Saving Society Australia Competition Handbook 2018-2019 and also operate under the International Life Saving Federation (ILS) Competition Rule Book 2019 Edition (Revised March 2021).

3.2 ILS Sanctioned

This event is sanctioned by the ILS and as such the Championships will be run in accordance to ILS Rules Competition Rule Book. World Records achieved for ILS recognised Master only events will be recorded and submitted to ILS for processing as per the ILS Competition Rule Book 2019 Edition (Revised March 2021).

3.3 Pool

The 8-lane competition swimming pool at the HBF Stadium, Mount Claremont, Western Australia meets ILS requirements for all events.

3.4 Competition Equipment

RLSSWA will supply the Rescue Tubes, Manikins, Junior Manikins and Lines for the use of competitors during competition.

All competitors are required to supply their own fins. Rubber fins for U10 & U12 athletes are restricted to soft/flexible rubber type fins used for swimming training. The swim fins shall comply with the following dimensions: Maximum 50cm overall length including the shoe. Maximum 25cm width at the widest point of the blade. Swim fins are to be measured with the shoe or ankle strap extended but not stretched. Swim fins will not be permitted to be used if they do not conform to the specifications or if they are considered to be safety hazard. Note: Fins are measured while not being worn.

The fins used by U14 and older aged competitors must comply with the ILS Competition Rule Book 2019 Edition (Revised March 2021).

All equipment must comply with the ILS specifications as specified in Section 8 of the ILS Competition Rule Book 2019 Edition (Revised March 2021). Competition equipment will be subject to random scrutineering checks during the event.

3.5 Swimwear

In all swimming events competitors must wear approved competition dress as detailed in the rules contained in Section 2.10 of the ILS Competition Rule Book 2019 Edition (Revised March 2021).

3.6 First Aid

The facility has First Aid and emergency evacuation procedures. First Aid personnel will be on site for the duration of the event.

3.7 Participation Disclaimer

All athletes are required as part of registration to agree to the RLSSWA Australian Pool Life Saving Championships 2021 Participant Disclaimer.

3.8 Results

All results will be available on the RLSSWA website after the event. A full results report will also be sent to the ILS within one month of event completion.

3.9 Restrictions & Provisos

The following restrictions shall apply regarding nominations and competition in the various events:

- a. For any event to be contested at the RLSSWA State Pool Rescue Championships 2021, a minimum of one (1) starter is required. Where an event is conducted all place getters shall be awarded medals.
- b. In addition to championship events, time trial events have been listed. Whilst the results of these events will be recorded these are not championship events and no place getters will be awarded.

- c. **Timekeepers/pool setters:** Due to a shortage in the number of Officials/Volunteers nominating for this event, each athlete must nominate one person that will be required as assist in roles such as timekeeping, officiating, pool setting etc.

3.10 Appeals

The Competition Appeals Committee will deal with all the protests referred to it by the Championship Referee. The Competition Appeals Committee shall consider the protest or appeal and make a decision. It may uphold or dismiss a protest or appeal. The cost of lodging an appeal is \$20.00 Inc. GST. If an appeal is upheld the fee shall be returned forthwith.

The decision of the Competition Appeals Committee is final and there is no right of appeal against that decision.

Appeals/protest will be conducted as per 1.7 of the RLSSA Competition Handbook. Protests must be submitted to the Competitor Liaison no later than 15 minutes after the occurrence of the incident. Protest forms will be available at the Competitor Liaison desk.

3.11 Anti-Doping Policy

- Royal Life Saving Australia supports the Australian Government, the Australian Sports Commission, the Australian Olympic Committee, and Sport Integrity Australia (SIA) in their efforts to eradicate the use of drugs in sport. RLSSA has published an anti-doping policy, which will be adhered to for this event
- Please be aware that random drug testing could take place during the Championships 2021.
- It is highly recommended each athlete (including management and staff) complete the SIA online e-learning program (Level 1) to ensure all personnel are aware of contemporary issues pertaining to anti-doping. The link to access this e-learning program is: <https://elearning.sportintegrity.gov.au/>
- It is recommended each member (including management and staff) utilise the SIA Check Your Substances reference site, or phone 1300 027 232

3.12 Officials

Officials are required to register for this event through the RLSSWA website and complete the uniform sizing chart. By registering for this event officials will automatically become a RLSSWA sports member.

Officials will be provided with a RLSSWA official's shirt on the first day of competition, this is to be worn with navy or black shorts, pants or skirt.

During a competition, officials may not 'coach' or similarly assist a competing team. Any allegations of this behaviour will be referred to the Disciplinary Committee and the Chief Referee notified. An official found to be in violation shall be declared ineligible to continue to act as an official at the competition and further penalties may apply.

4 Western Australia Pool Lifesaving State Championships

4.1 Event Details

Events will be conducted in Male and Female or Open gender categories for the events listed in the tables above.

All events shall be timed finals. For effective timetabling different age events may merged and conducted simultaneously as one event based on seeding times. Points and medals will still be awarded based on age group entered.

Age groups are determined as age on the first day of the championships (18 September 2021) in the following categories:

- U10 (8+)
- U12 (10-11)
- U14 (12-13)
- U16 (14-15)
- Opens (16 +)
- Masters (35+)

The following events are not championship events and will not be awarded medals:

- 100m Rescue Medley
- 50m with Fins
- 50m Freestyle
- Specified Time Trials

50 Freestyle events will only run time permitting.

The Line Throw is not a relay event and only the thrower will be awarded placing/medals. Patients for the line throw for U10, U12 and U14 will be allocated from these age groups by the marshalling officials. Athletes U16+ are requested to nominate their patient (same sex) at time of registration to ensure they are not placed in the same heat, if no patient is nominated a patient will be allocated by the marshals.

All athletes are expected to make themselves available as patients if called upon.

Subject to number of entries event one, 100m Manikin Tow, *may* be moved to the end of the day 1 events. Should this occur athletes will have the option to withdraw from the event and eligible for a refund.

All individual competitors in U16, Open and Masters events are encouraged to enter seeding times from international, national or state based pool lifesaving events achieved 2018 -2021.

If athletes wish to submit seeding times from training sessions, then these times must be video recorded and timed by an accredited RLSSA Coach or Official. Pool specifications, date and video evidence of all seeding times must be submitted from these sessions.) Special request must be submitted to jrowe@royallifesavingwa.com.au for consideration by the Sports Committee.

Event numbers listed are for reference within this Circular. The marshalling sheets will be numbered in accordance with the final carnival timetable.

4.2 SLSA, SAL, Interstate and International Competitors

Where a RLSSA interstate entered competitor or other international ILS Member Federation competitor finishes first in an event, they will receive a duplicate Championship medallion(s). However, the first RLSSWA competitor to finish will be awarded the RLSSWA Pool Rescue Championship Title and the Championship gold medallion.

Where a RLSSA entered individual or other international ILS Member Federation individual finishes in second or third place in an event, they will receive a duplicate Championship medallion(s). The second/third Australian competitor to finish will be awarded Championship medallion(s) as appropriate.

4.3 Royal Life Saving Society Sports Member

All WA residents upon entering this event automatically become RLSSWA sports members and as such covered by RLSSWA insurance for this event.

